

## Your Employee Assistance Program Benefits

Provided by



# *Your* Success is Our Passion

#### **District Access Codes**

**Burrell BUCS** 

Belle Vernon Area BVA

Central Westmoreland Career & Tech CWCTC

Derry Area DASD

Eastern Westmoreland Career & Tech EWCTC

Franklin Regional FRSD

Greater Latrobe GLSD

Greensburg-Salem GSSD

Jeannette City JCSD

Ligonier Valley LVSD

Mount Pleasant Area MPASD

Norwin **NSD** 

Penn-Trafford PTSD

Southmoreland SSD

Yough **YOUGH** 

Westmoreland Intermediate Unit WIU

Kiski Area KASD

Monessen City MCSD

Northern Westmoreland Career & Tech NWCTC

New Kensington Arnold NKA

#### **Your EAP Benefit**

- Is 100% confidential
- Covers four virtual, face-to-face, or telephonic sessions with a counselor, per person attending
- Services also cover all residents of the home
- Monthly newsletters

- Access to additional resources such as legal, financial, support groups, housing, etc.
- Sessions are renewable as long as you have a two-month break in counseling
- Services are accessible 24/7/365

### **Work/Life Services**

To access online resources, please visit <a href="www.mseap.com">www.mseap.com</a> and click "Member Login" in the top right corner. Use your <a href="district's access code">district's access code</a> to sign in, or create your own account. Live Chat is also available on the website!

## When can the EAP help?

Mazzitti & Sullivan is here to help you through many difficult situations, including but not limited to:

- Marital & Family Related Issues
- Children & Adolescents
- Anger, Stress, & Time Management
- Grief & Loss
- Alcohol & Substance Abuse
- Elder Care Concerns
- Domestic Abuse
- Addictions
- Job-Related Stress

## Frequently Asked Questions

#### When should I use my EAP?

Anytime! If you or your family are experiencing a difficult time in areas of stress, anxiety, depression, family-related issues, substance abuse, or any other problem area, we are available 24/7.

#### Who is covered?

All household members are welcome to use the program, even if you, as the covered employee, do not. Household members may contact us directly.

**Questions?** 

Call **1-800-543-5080** www.mseap.com