



## Your Employee Assistance Program Benefits

Provided by



# Your Success is Our Passion

## District Access Codes

Burrell <b>BUCS</b>	Mount Pleasant Area <b>MPASD</b>
Belle Vernon Area <b>BVA</b>	Norwin <b>NSD</b>
Central Westmoreland Career & Tech <b>CWCTC</b>	Penn-Trafford <b>PTSD</b>
Derry Area <b>DASD</b>	Southmoreland <b>SSD</b>
Eastern Westmoreland Career & Tech <b>EWCTC</b>	Yough <b>YOUGH</b>
Franklin Regional <b>FRSD</b>	Westmoreland Intermediate Unit <b>WIU</b>
Greater Latrobe <b>GLSD</b>	Kiski Area <b>KASD</b>
Greensburg-Salem <b>GSSD</b>	Monessen City <b>MCSO</b>
Jeannette City <b>JCSO</b>	Northern Westmoreland Career & Tech <b>NWCTC</b>
Ligonier Valley <b>LVSD</b>	New Kensington Arnold <b>NKA</b>

## Your EAP Benefit

- ◆ Is 100% confidential
- ◆ Covers **four** virtual, face-to-face, or telephonic sessions with a counselor, per person attending
- ◆ Services also cover all residents of the home
- ◆ Monthly newsletters
- ◆ Access to additional resources such as legal, financial, support groups, housing, etc.
- ◆ Sessions are renewable as long as you have a two-month break in counseling
- ◆ Services are accessible 24/7/365

## Work/Life Services

To access online resources, please visit [mseap.com](http://mseap.com) and click "Work / Life Login" at the top. Use your **district's access code** to sign in, or create your own account. Live Chat is also available on the website!

## When can the EAP help?

Mazzitti & Sullivan is here to help you through many difficult situations, including but not limited to:

- ◆ Marital & Family Related Issues
- ◆ Children & Adolescents
- ◆ Anger, Stress, & Time Management
- ◆ Grief & Loss
- ◆ Alcohol & Substance Abuse
- ◆ Elder Care Concerns
- ◆ Domestic Abuse
- ◆ Addictions
- ◆ Job-Related Stress

## Frequently Asked Questions

### When should I use my EAP?

Anytime! If you or your family are experiencing a difficult time in areas of stress, anxiety, depression, family-related issues, substance abuse, or any other problem area, we are available 24/7.

### Who is covered?

All household members are welcome to use the program, even if you, as the covered employee, do not. Household members may contact us directly.

**Questions?**

Call 1-800-543-5080  
Visit [mseap.com](http://mseap.com)